



Food H & P:

2 ½ cups of Bisquick  
1 pound of sausage, browned and drained  
2 eggs, well-beaten  
¾ cup of milk  
½ cup of mayonnaise  
4 oz shredded Pepper Jack cheese  
4 oz shredded Cheddar cheese

Food Rx:

Mix until well-blended. Pour into a greased pan and bake at 325 degrees about 30 minutes or until top is just starting to brown.

This recipe can be mixed the night before and baked in the morning. Usually when I make this now I place the dough in muffin tins lined with cupcake liners and bake (this usually makes around 18 muffins). I then freeze the sausage bread muffins to have a quick and filling early morning treat. It just takes about a 45 second microwave reheat then it's ready to enjoy (microwaving with a damp paper towel on top makes it extra moist). Sausage bread is wonderful just the way it is; however, I always enjoy mine with jelly or syrup on top.