



Food H & P

1 box red velvet cake mix

1 small dark fudge instant pudding mix

4 eggs

½ cup of oil

½ cup of water

16 ounces of sour cream

12 ounces of chocolate chips

Food Rx

Mix all ingredients together and place in Bundt pan. Bake at 350 degrees Fahrenheit for 1 hour or until toothpick is inserted into cake and clean when removed.

Another tasty option is using a devil's food cake mix instead of red velvet.

It's already a delicious cake so you can stop here and enjoy or sprinkle the top with a little powdered sugar, add a scoop of ice cream, or cool whip. You could also take it up a notch and add a buttercream frosting!

Optional Buttercream Frosting

2 cups of powdered sugar

1 stick of room temperature butter, unsalted

1 teaspoon of vanilla

1 Tablespoon of milk

Beat together with an electric mixer. If needed add more powdered sugar to thicken or another splash of milk to thin the frosting. I then place the frosting in a zip lock bag and cut the corner off. That allows me to pipe rows of frosting over the cake.